

Supplementary Appendix 2. Included studies in systematic review

- A1. Abel WM, Efird JT, Crane PB, Ferdinand KC, Foy CG, DeHaven MJ. Use of coaching and technology to improve blood pressure control in Black women with hypertension: pilot randomized controlled trial study. *J Clin Hypertens (Greenwich)*. 2023;25(1):95-105. <https://doi.org/10.1111/jch.14617>
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- A3. Akhu-Zaheya LM, Shiyab WY. The effect of short message system (SMS) reminder on adherence to a healthy diet, medication, and cessation of smoking among adult patients with cardiovascular diseases. *Int J Med Inform*. 2017;98:65-75. <https://doi.org/10.1016/j.ijmedinf.2016.12.003>
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- A10. Buis LR, Kim J, Sen A, Chen D, Dawood K, Kadri R, et al. The effect of an mHealth self-monitoring intervention (MI-BP) on blood pressure among black individuals with uncontrolled hypertension: randomized controlled trial. *JMIR Mhealth Uhealth*. 2024;12:e57863. <https://doi.org/10.2196/57863>
- A11. Canguçu E, Castro PR, Moreira PM, Bandeira P, Almeida K, Santos PM, et al. Use of text messages to promote medication adherence and reduce blood pressure in patients with hypertension: the ESSENCE study. *Cad Saude Publica*. 2024;40(11):e00050023. <https://doi.org/10.1590/0102-311XEN050023>
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